

# MORE THAN AWARD WINNING PRODUCTS....

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most men's favourite project, weight is women's. It's a bonding thing, it's what they talk about together.

"They wrangle with it, they fret about it and they get kudos

bound spent annually by the dieting industry enticing us to try their new schemes or surgery that seduces us into believing their promises.

"Inevitably this skews many

WE ARE IN AN OBESITY PREVALENCE society — we want solutions right now, but that's not possible with weight.

"But we've grown to believe if we spend enough money on

harm to themselves in their quest for a mate.

How tragic, then, that the search for a new life should, in so many other cases, have ended that life instead.

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## BEAUTIFUL BOLLYWOOD

BOLLYWOOD beauty is big on the cosmetic scene, inspired by Slumdog Millionaire and Kylie Minogue (right) in the new Bollywood movie Blue. In celebration, British-born make-up and henna artist Ash Kumar has launched glitter pens, Swarovski crystal stick-on pads and henna transfers, from £1.50. [www.ashkumar.com](http://www.ashkumar.com)



## CHERRY PICK

BY AUTUMN, our New Year resolution to be more organised has fallen by the wayside. Maybe that's why we're partial to mid-year diaries — for a second bite at the cherry. Get the special edition Cherry Filofax, available as a pocket organiser (£21) or personal organiser (£23), from [www.filofax.co.uk](http://www.filofax.co.uk)



## BAG A BARGAIN

FASHION insiders have long been flocking to a little boutique in New York called Intermix, famous for its eclectic style. Now it's launched online, with enough shift dresses, studs, jewellery, buckles, belts and slouchy bags here to keep fashionistas happy. Prices start from £40. [www.intermixonline.com](http://www.intermixonline.com)



## GIVE IT THE BOOT

WITH autumn nearly upon us, it's time to invest in that obligatory pair of boots. This season, we'll be heading to Russell & Bromley for the studded Rockafellas, £295, and the knee-high Pin Ups (right), also £295. For stockists, tel: 020 7629 6903.

KATE MELHUISH

